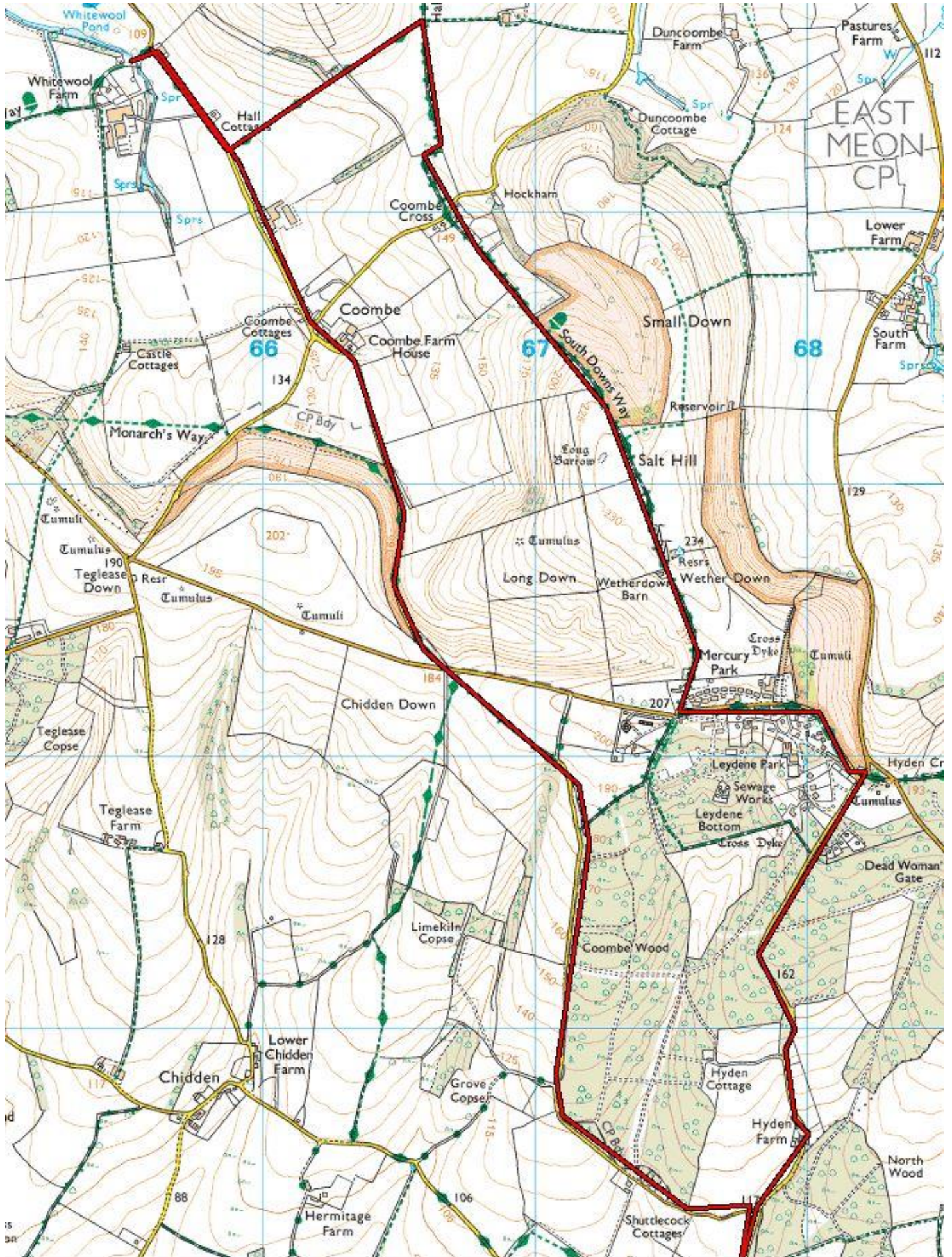


"The Bat & Ball"





This is a good route to a good pub.

Distance:	7 miles
Ascent:	250m
Walking time:	2 hours
Drinking time:	Until last orders

Walk up the concrete track out of the farm on the South Downs Way.

Turn left, when you get to a footpath crossroads (follow SDW sign). Continue across lane and up Salt Hill to the road.

Turn left past the Sustainability Centre (call if for a coffee, if the café is open).

Take the next right turn along a country lane and continue on to the Bat & Ball pub. This is allegedly where the first game of cricket was played.

After sustenance, **retrace your steps until you can take a left turn** up past Coombe Wood.

Continue in a straight line (if you can still walk straight) all the way back to Meon Springs for a cup of tea or maybe another beer.